

Pool Rules and Regulations

- Follow directions of lifeguards and other staff at all times
- Shower before entering the pool
- Proper swim attire is required. Children who are not toilet trained must wear tightly fitting disposable swim diapers
- Running, horseplay, rough housing, sitting on shoulders, piggybacking, profanity, spitting water, etc. is prohibited in and around the pool area
- No diving
- Adults, 16 years and older, may swim at their own risk when no lifeguard is on duty
- Children, 15 and younger, are not permitted to use the pool when no lifeguard is on duty.
- Children 9-15 years, when a lifeguard is on duty may use the pool with responsible adult supervision in the pool area.
- Children, 8 years and younger, must be accompanied by and within arm's reach of a supervising adult
- Lifeguards are responsible for enforcing safety rules and responding to emergencies. Parents and guardians are expected to supervise their children at all times
- All persons participating in swimming activities must have a membership or have otherwise paid to participate
- Use of a Personal Flotation Devices is encouraged and even provided. The device must be
 U.S. Coast Guard approved. Inflatable devices are not allowed
- Instructional equipment and swim aids must be used appropriately
- Children, 6 or older, should use appropriate gender locker rooms or utilize the family changing rooms. All other children using appropriate gender locker rooms shall be accompanied by a parent or guardian
- Individuals who are prone to seizures should notify the manager each visit; if possible, any patron requiring immediate first aid should notify the nearest lifeguard
- The Gurnee Park District is not responsible for lost or stolen items
- The Gurnee Park District reserves the right to revoke pool access or suspend daily admission of individuals for violation of facility rules
- Changes to these rules may be made at the lifeguard or manager's discretion if there is a danger to self or other

Lap Swimming Rules/Etiquette

- Two lap lanes are available during member/guest swim times
- Reserving lap lanes is not permitted. Lap lanes should be shared when more than 2 lap swimmers are present by swimming on each side of the lap lane
- When 3 or more swimmers are present in a lane, please swim in a circular-clockwise circle to avoid collisions

Gurnee Park District/ FitNation enforces the right to revoke membership for failure to comply with the rules and regulations.